

# UPTON YARNS

Natural dyes; New England wool.  
Maine.

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## Salt Bay Mittlets



**Yarn:** 1 Skein Upton Yarns 3-Ply Coopworth – Tiger Lily, and 2 Skeins Upton Yarns 3-Ply Coopworth – Dark Blue

**Gauge:** 22 st and 29 rows per 4 inches on size 4 (3.5mm) needles or size needed to obtain correct gauge. I tend to knit very tightly; you may want to use needles that are one or even two sizes smaller.

**Sizes:** Women's medium – based on wanting the wrist to be 7" in circumference, and Men's medium (in parenthesis) based on wanting the wrist to be 8" in circumference.

### Stitch Glossary:

K1B: Inc.1 st. With left needle, pick up bar between stitches moving needle from front to back. Knit into back of loop.

K1F: Inc.1 st. With left needle, pick up bar between stitches moving needle from back to front. Knit loop.

P1B: Inc.1 st. With left needle, pick up bar between stitches moving needle from front to back. Purl into back of loop.

P1F: Inc.1 st. With left needle, pick up bar between stitches moving needle from back to front. Purl loop.

## Left Mittlet

Cast on 45st (49st) Color A

**1<sup>st</sup> Row:** Work in K2 P2 rib. Divide stitches evening across three needles. Join knitting without twisting. Transfer remaining un-knit stitch to start of next row on left needle and knit it together with the first stitch of the next row. 44st (48st)

Continue in K2 P2 rib for 2 more rows, or until stripe is desired width, then switch to color B. Continue on until piece measures 4 inches, or desired cuff length.

**Next Row: Establish Palm:** Knit 16 (20) st work remaining 28 (28) st. in K2 P2 rib to end of row.

**Next Row:** continue as established.

### Begin Thumb Increases:

Knit across 14 (18) palm st. PM, P1B, K2, P1F, PM, K2 P2 rib to end of row. Thumb st are between the markers. 46 (50) st total.

**Next 2 rows:** Continue as established.

**Next row:** Knit across 14 (18) palm st. SM, P1B, P1, K2, P1, P1F SM, K2 P2 rib to end of row. 48 (52) st total.

**Next 2 rows:** Continue as established.

**Next row:** Knit across 14 (18) palm st. SM, K1B, P2, K2, P2, K1F, SM, K2 P2 rib to end of row. 50 (54) st. total.

Continue on in this manner, increasing 1 st on either side of thumb st every 3<sup>rd</sup> row while maintaining a K2 P2 rib until there are 16 (20) thumb st. and 60 (68) st total. You should have just increased by a Purl st. Work one row after increase row.

**Next row:** knit across 14 (18) palm st., transfer 16 (20) thumb st. to holder. Cast on 2 st. to bridge gap, incorporating them into the piece as Purl st., K2 P2 rib to end of row. Continue to knit across palm, and K2 P2 across back of hand until piece measures 8 ½" long in total, or ½" less than desired length.

**Next row:** Switch to color A and work in K2 P2 rib for 2 rows. Bind off loosely.

## Right Mittlet

Follow pattern for left mittlet until piece measures 4 inches, or desired cuff length.

**Next Row: Establish Palm** Work across back of hand in K2 P2 rib, for 26 (26) st ending in a K2. Knit across 16 (20) palm st. P2.

**Next Row:** Continue as established

**Begin Thumb Increases:** K2 P2 rib across 26 (26) st back of hand, ending with K2, PM, P1B, K2, P1F, PM knit across 14 (18) palm st. P2.

Continue with thumb increases as for Left Mittlet until there are 16 (20) thumb st. and 60 (68) st total. Continue to work as for left mittlet.

## Both Thumbs:

With Color B, pick up 16 (20) st from holder, and 4 (4) st along inside of thumb (To incorporate them into the ribbing, those st will be worked as P1, K2, P1). Work 2 rows K2 P2 rib. Switch to Color A, work 2 rows K2 P2 rib. Bind off loosely.

